

Snapshot of Rivertowns AYSO Recreational Divisions

AYSO Recreational Division Features	PreK/K	1 st /2 nd gr	3 rd /4 th gr	5 th /6 th gr	7 th /8 th &HS
SESSIONS					
Format	Jamboree	Team/jamboree	Teams	Teams	Teams
Coaching: Professional NYCFC coaches or parent coaches	NYCFC coaches Parents can assist	NYCFC coaches Parents can assist	Parent coaches NYCFC supports teams at trainings	Parent coaches NYCFC supports teams at trainings	Parent coaches NYCFC supports teams at trainings
Practice	60 mins Sat or Sun	90 mins Sat or Sun	60 mins Sat	60 mins Sat	60 mins Sat
Game	During 60 min session	During 90 min session	Sundays	Sunday	Sunday
Typical practice location (can change if fields not available)	Ardsley Middle School	Pascone Park Ardsley	Ardsley School Field	Ardsley School Field	Ardsley School Field
Game location	No separate games	No separate games	Ardsley Middle School & away fields	Ardsley Middle School & away fields	Various Rivertowns fields & away fields
GAMES					
Number of players during game	3v3	5v5	7v7	9v9	11v11
Opponents	Players in their session	Players in their session	Teams from other AYSO regions	Teams from other AYSO regions	Teams from other AYSO regions
Goalkeeper used?	No	Sometimes	Yes	Yes	Yes
Duration of half	10 minutes	20 minutes	25 minutes	30 minutes	7/8 35 mins HS 45 mins
Heading allowed	No	No	No	No	Yes
Build out line	No	No	Yes	No	No
Throw in or pass in	Pass in	Throw in	Throw in	Throw in	Throw in
Minimum playing time per player	100%	50%	50%	50%	50%
Referees	Coach acts as ref	Coach acts as ref	Youth referees	Youth referees	Youth referees
EQUIPMENT NEEDED					
Rivertowns AYSO uniform	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory
Shin guards under soccer socks	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory
Cleats	Optional	Recommended	Strongly recommended	Strongly recommended	Strongly recommended
Soccer ball in age appropriate ball size	Size 3 soccer ball	Size 3 soccer ball	Size 4 soccer ball	Size 4 soccer ball	Size 5 soccer ball